



# BREAKFAST MENU

SERVED DAILY FROM 7.00AM - 10.30AM

## CHEF'S BAKERY

FRESHLY BAKED RASPBERRY SCONE ..... €4.35  
Served with Strawberry Jam & Clotted Cream  
(Contains allergens 6.a. **Wheat**,7,11)

BAKERS BASKET ..... €4.35  
Croissant, Pain au Chocolat & Freshly Baked Danish  
(Contains allergens 6.a. **Wheat**,7,8,11)

## START THE DAY THE BETTER WAY

CREAMY OAT PORRIDGE ..... €4.35  
(Contains allergens 6.c. **Oat**,7)

CREAMY OAT PORRIDGE ..... €5.45  
Served with Berry Compote  
(Contains allergens 6.c. **Oat**,7)

OVERNIGHT OATS ..... €6.50  
with Walnuts, Apple, Natural Yoghurt and Raspberry Coulis  
(Contains allergens 5.e. **Walnuts**,6.c. **Oat**,7)

FRESH RASPBERRY SMOOTHIE ..... €6.50  
(Contains allergen 7)

HOME ROASTED GRANOLA ..... €7.95  
with Greek Yoghurt, Mixed Berry Compote  
(Contains allergens 5.a. **Almonds**.c. **Cashew**, 7)

FRESHLY CUT MELON & PINEAPPLE CHUNKS ..... €7.95  
with Pink Grapefruit and Orange Segments

FREE-RANGE EGG OMELETTE ..... €10.25  
With Choice of Filling, Ham, Cheese, Tomato, Mushrooms or Scallions.  
(Contains allergens 7, 11)

EGGS BENEDICT ..... €12.50  
Warm English Muffins with Limerick Ham & Poached Eggs, Topped with Chive Hollandaise Sauce.  
(Contains allergens 6.a. **Wheat**,7,8,10,11)

MOLLOY'S OF DUBLIN SMOKED SALMON ..... €12.95  
with Scrambled Eggs & Toasted Bagel  
(Contains allergens 3,6.a. **Wheat**.b. **Rye**.d. **Barley**,7,11)

BUTTERMILK PANCAKES ..... €8.95  
(Contains allergens 6.a. **Wheat**,7,11)

FULL IRISH BREAKFAST, FRESHLY COOKED TO ORDER FROM OUR KITCHEN.. €18.95  
(Heaney Butchers of Galway Breakfast Sausage, Black & White Pudding, Grilled Back Bacon, Button Mushrooms Grilled Tomatoes, Baked Beans & Fried Irish Eggs),  
(Contains allergens 6.a. **Wheat**.c. **Oat**.d. **Barley**,7,9,11)

# FRESH JUICES

FRESHLY SQUEEZED ORANGE JUICE ..... €4.70

FRESHLY SQUEEZED APPLE JUICE..... €4.70

# HOT BEVERAGES

TEA..... €3.25  
Irish Breakfast,

HERBAL TEA ..... €3.50  
Earl Grey, Green Tea, Camomile, Peppermint

AMERICANO ..... €3.75

CAPPUCCINO ..... €4.25  
(Contains allergen 7)

LATTE..... €4.25  
(Contains allergen 7)

MACCHIATO..... €4.25  
(Contains allergen 7)

ESPRESSO..... €3.25

CLASSIC HOT CHOCOLATE..... €3.95  
(Contains allergen 7)

## ALLERGEN INDEX

- 1... Shellfish
- 2... Mollusc
- 3... Fish
- 4... Peanuts
- 5... Nuts
  - a) Almonds
  - b) Hazelnuts
  - c) Cashew nuts
  - d) Pecan nuts
  - e) Walnuts
  - f) Pistachio nuts

- 6... Gluten
  - a) Wheat
  - b) Rye
  - c) Oat
  - d) Barley
- 7... Milk and Milk Product
- 8... Soya
- 9... Sulphur Dioxide
- 10. Sesame Seed
- 11 .Egg
- 12 .Celery and Celeriac

- 13. Mustard
- 14. Lupin

All meat & poultry products used on our menu are 100% Irish.

